



YORKSHIRE
TENNIS



TENNIS

The Yorkshire Tennis RPDC Player Selection Policy

1. Introduction

This policy identifies how players will be selected for a place at The Yorkshire RPDC from September 2026. Places on the programme are limited and subject to adherence to the code of conduct and to wider policies.

2. The Yorkshire Tennis RPDC Programme

Our mission at The Yorkshire Tennis RPDC is to provide an inspiring and world-class coaching and support environment for pro players of the future. We aim to increase the number of nationally relevant players aged 10+, with a capability to transition to the International Junior Stage of the LTA Player Pathway by age 14.

3. The Yorkshire Tennis RPDC Programme At the Yorkshire RPDC we will create the conditions for players to thrive both on and off the court. There are two options for players joining the programme:

- The Full-time Programme which runs for 39 term-time weeks plus a minimum of six additional weeks throughout the year.
- The Access Programme where players combine their 'home' programme with extra squads in the RPDC.

3.1 Full-time Programme

The full-time programme consists of the following elements:

- An individual coach who manages the development and all aspects of the players programme. The coach will create a bespoke programme which includes a personalised development plan, goal setting and tournament scheduling.
- Individual and group tennis sessions (tailored to meet individual player needs)
- Group and individual Strength and Conditioning sessions
- Additional sport science services
(sport psychology, nutrition, physiotherapy and massage)
**at an additional (but reduced) cost*
- Domestic and international tournament support based on individual development plan

- An assistant coach will also be allocated to ensure a team based approach and continuity in the absence of the lead coach.

3.2 Access Programme

For players joining on the Access programme they will be able to access **up to ten hours** of squads per week over 45 weeks of the year. They will also be eligible to receive S & C support within The Yorkshire Tennis RPDC programme.

4. Facilities

The Yorkshire Tennis RPDC is located at the Headingley Campus of Leeds Beckett University. The campus boasts world-class facilities with a prosperous sports culture and a community of elite level athletes from a range of different sports. We are hugely privileged to have this as our RPDC home.

We have access to a range of excellent facilities including:

- four, recently resurfaced indoor hard courts
- multiple gyms including a high performance strength and conditioning gym
- an eight-lane athletics track
- a bike conditioning studio and a specialist stretching room.
- multiple sports halls
- nutrition teaching kitchens
- an indoor 60m athletics track
- environmental chambers
- an indoor swimming pool
- elite performance analysis laboratories and coaching and player educational rooms.

In terms of outdoor court use, there are 4 new tarmac courts located in Beckett Park and we have established links with several local clubs to access various types of court surfaces in the spring and summer months.

We also continue to build links with international academies for trips and training blocks.

5. Eligibility

Only players added to the LTA RPDC longlist will be eligible for selection. The LTA longlist selection criteria and further details can be found on the LTA website.

6. Application & Selection

6.1 Expression of Interest

To express an interest in The Yorkshire Tennis RPDC programme please contact us via email at info@cv8tennis.com.

Expressions of interest must be received by **29th May 2026**. Players who miss this deadline can still express interest but progression of their application will be slower and follow up subject to availability.

In the expression of interest email please include the following information:

- Name of player
- Age of player
- Name of Parent/Guardian
- Email address and telephone number of parent/guardian
- Current Playing Level including National Rating / Ranking
- Notable Results (in the last 12 months)
- Current Coach / Training Programme
- Tennis Goals and Aspirations

6.2 Selection Process / Key Dates

We understand that expressing interest to join an RPDC programme is an important decision for a player and their family. In order to help both the player and The Yorkshire Tennis RPDC team to assess compatibility, players who have expressed an interest will be invited to one of our Open Days that will take place during June 2026 at Headingley Campus. During this time players and parents will be able to meet the team, listen to a presentation, ask questions and players will have the opportunity to get on court and participate in some S & C. Following this some players may be invited back to the RPDC for a further individual assessment from the coaching team later in June.

If a player / parent is unable to make the open day please contact us and we will arrange a separate date for a visit.

Communication as to whether the player has gained a place at The Yorkshire Tennis RPDC will be given by **10th July 2026**.

The Yorkshire Tennis RPDC team will then organise a meeting with the player, parents (and relevant school staff if necessary) to devise a bespoke programme, incorporating academic timetables, tennis training, and competition schedules.

6.3 Evaluation / Selection Criteria

When considering which players have the potential to meet the aims and standards of The Yorkshire Tennis RPDC programme the team will be looking for players who either currently are or have the potential for:

- NAGP selection
- GB selection
- National camp selection
- Future National Academy selection

We will also assess players using our own **GRIT philosophy and ABCD Framework**. We use both of these acronyms as teaching tools within the Academy but they also will enable us to make a judgement on players' current 'skills' and potential for future development in those looking to join The Yorkshire Tennis RPDC programme. It is also important to note that parental influence is a huge part of player development at CV8 and the RPDC coaching team will be keen to assess if parental views and values align with our overarching philosophy and ways of working.



The list below provides some further detail about what the team will be looking for from a GRIT perspective:

Games-based: Does the player have an emerging game-style? Does the player grasp the concept of tennis as a 'game'? Are they developing strengths and weapons to build upon their base level and work towards effective patterns of play?

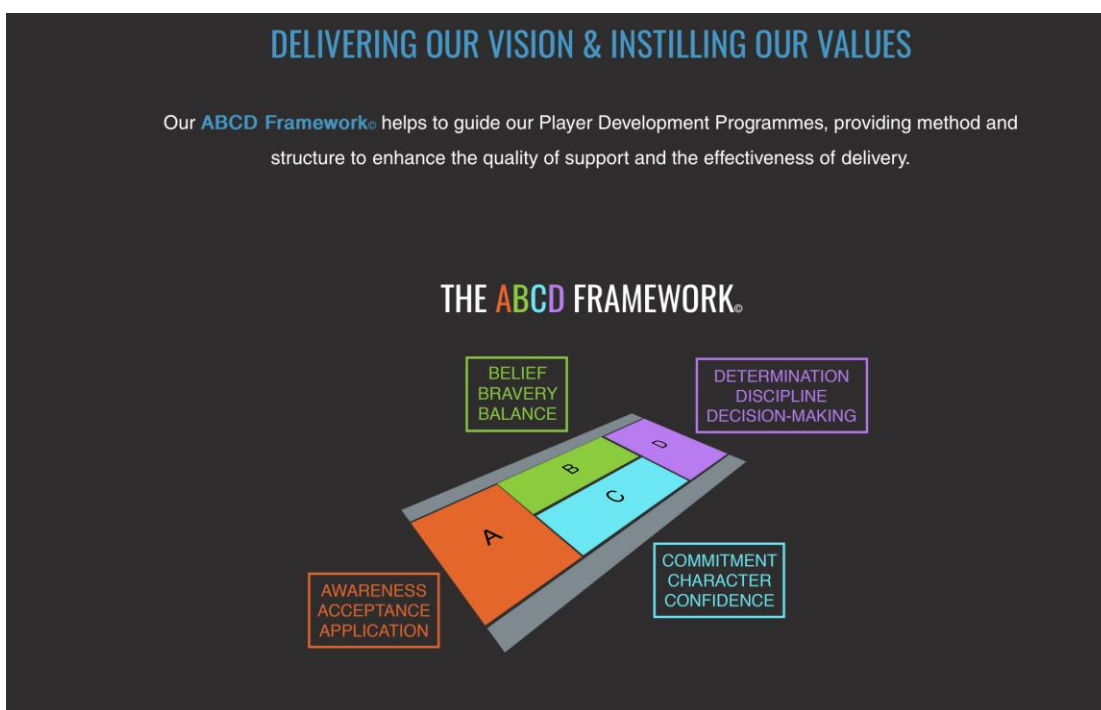
Resilience: Does the player show qualities of physical and psychological resilience? Are they able to compete and use adaptive coping strategies when faced with adversity?

Independent Thinking: Does the player have the capacity to problem-solve and find solutions? Are they adaptable, creative and curious? Do they have a developing sense of

awareness and growing reflection skills? Does the player understand the commitments required both on and off the court for a place on the programme?

Teamwork: Is the player coachable? Does the player 'buy into' the team philosophy and value the integration of all performance factors? Does the player have role-model qualities that will accelerate their own development and inspire those around them?

Our **ABCD framework** outlines the qualities that we are looking for in players . Whilst there is recognition that not all players will have all these qualities in place when they come to join The Yorkshire Tennis RPDC programme there is an expectation that players will be working towards these skills both on and off the court. The coaching curriculum and environment we create will certainly challenge, refine and develop these skills further as players move through the RPDC programme with us.



6.4 Selection

Players who express interest in The Yorkshire Tennis RPDC programme (and attend the Open Day) will be evaluated by the selection panel. The panel will consist of the following members:

- RPDC Head coach
- RPDC Assistant coach
- RPDC Programme Manager
- Head of Strength & Conditioning
- Head of Player Development

*When discussing the factors highlighted in 6.3 the panel will also take into account any of the following considerations that influence the players' potential:

- Age and physical maturation
- Historic training programme and tournament schedule
- Any other considerations that have impacted the players progression (health, injury etc.)

*Full-time and access places at the Yorkshire RPDC are limited hence why a rigorous process will be followed for all prospective players.

6.5 Communication of Selection

All successful and unsuccessful candidates will be communicated to in writing and verbally by the **10th July 2026**.

Successful players will be required to read and abide by The Yorkshire Tennis RPDC Code of Conduct and Player Agreement along with the terms and conditions of the programme.

7. Re-selection

All full-time and access players will be subject to The Yorkshire Tennis RPDC application and selection policy each year.

8. Programme Start Date

The Yorkshire Full-time and Access programme will start on **Monday 7th September 2026**.

9. Appeals

For the avoidance of doubt, please note that players are not eligible to appeal if they do not meet the eligibility criteria (5.0) and the Performance Level Requirements (6.3), or have two national coach nominations.